



# Adventures Offshore

Tolken, The Lane  
West Mersea  
Colchester  
Essex CO5 8NT  
Phone: 01206 385071  
Fax: 01206 386716  
Email: [sailing@adventuresoffshore.co.uk](mailto:sailing@adventuresoffshore.co.uk)  
Web site: [www.adventuresoffshore.co.uk](http://www.adventuresoffshore.co.uk)

## RECOMMENDED KIT LIST

**Please do not bring suitcases or framed rucksacks as these will not fit on board - soft kit bags are best. We recommend packing clothing inside plastic bags. Particularly on longer trips, you may also want to pack a small day sack.**

We recommend that you bring lots of layers so that you can pick clothing appropriate to the conditions on board.

- Two warm jumpers
- Two complete changes of warm clothing
- Soft shoes / trainers
- Waterproof footwear / Wellingtons (see note below)
- Several pairs of warm socks
- Sleeping bag (essential) & pillow
- Towel and wash kit
- Sunhat, suntan lotion and lip salve
- Torch
- Hat, gloves and scarf
- Tidy clothing suitable for shore wear (perhaps what you travel in?)

*We will supply you with waterproof jacket and trousers*

### **For voyages longer than 2 days :**

- Passport
- European Health Insurance Card
- Foreign currency

### **Waterproof Footwear**

All footwear should be non-slip. Cheap wellies are OK but often not non-slip and if they have black soles will mark the deck. Proper sailing wellies are great but expensive so unless you already own some don't bother just for a few days or a week. The best option is two pairs of trainers - an old pair to wear on the boat and maybe get wet and a better pair for going ashore.

### **Cameras & other electrical items**

Cameras, mobile phones, MP3 players and other electrical items are brought at your own risk. You will need to look after them on board, and there may be times when you are asked to put them away. We do not have the facilities to charge these items on board.

***If you are in doubt about what kit to take, please do not hesitate to contact us.***